

Omineca Announces Formation of Advisory Board

Saskatoon, SK. May 8, 2018 – Omineca Mining and Metals Ltd. (TSX-V: OMM) ("Omineca or the "Company") announces the formation of an advisory board to assist in the further development of the Wingdam gold project in the Cariboo gold district of British Columbia. The initial members of the advisory board are Mr. John Kiernan and Mr. Leonard Sinclair.

Mr. Kiernan is a Mining Engineer with over 30 years of mine operating, engineering, consulting, corporate and financial experience. Mr. Kiernan is currently the Chief Operating Officer of Ascot Resources, and prior to that, the VP Project Development for Magellan Minerals (acquired by Anfield Gold Corp.), and is also a director of Northern Superior Resources Inc. Previously, he was Manager of Project Evaluation for Quadra FNX/KGHM International, a Mining Analyst for PI Financial Corp. and VP Mining/Mine Manager for Roca Mines Inc. In the period from 1987 to 2006, Mr. Kiernan held various senior engineering positions with Strathcona Mineral Services, Inco Ltd., Wardrop and AMEC. Mr. Kiernan has a B.Sc. in Mining Engineering from Queen's University and an MBA from Laurentian.

Mr. Sinclair is a mining professional with over 35 years of experience in inspection, review and assessment of geotechnical data, environmental, social, economic and First Nations consultation for companies focused on the exploration and production of gold, diamonds, potash, uranium and base metals. Mr. Sinclair has also been responsible for regulatory review and approval of project Environmental Impact Assessments for open pit, underground mining operations with milling, tailings management, waste rock management, water and waste water treatment and closure plans in western Canada. Most recently, Mr. Sinclair was the Chief Executive Officer and Project Manager for CVG Mining Limited, a wholly owned subsidiary of Omineca, during the successful completion of the 2012 bulk sample at the Wingdam Project. Mr. Sinclair holds a diploma in Water Science Technology from the Saskatchewan Institute of Applied Sciences and studied Engineering and Environmental Sciences at the University of Saskatchewan.

The Board of Directors of the Company is grateful to add Mr. Kiernan and Mr. Sinclair to the newly formed advisory board. Their collective experience will assist greatly in the further development of the Wingdam Project, along with the exploration for lode gold in the vicinity of the Wingdam project.

About Omineca Mining and Metals Ltd.

Omineca Mining and Metals Ltd. controls a 100% interest in the Wingdam Project through its wholly owned subsidiary CVG Mining Ltd. The 2700 ha Wingdam Project is located 45 km east

of Quesnel B.C. on the Barkerville highway and provides a unique opportunity for Omineca to develop near-term placer gold production in a proven mining district. The property overlies both placer and hard-rock tenures along the Lightning Creek valley, where topographic conditions have created a deep overburden accumulation which effectively resulted in a large portion of the channel being excluded from conventional surface placer mining activity.

On behalf of the Board of Directors

Signed,

Tom MacNeill President and CEO